



SHUTTLE TIME



BWF SCHOOLS BADMINTON PROGRAMME

Schools Badminton Programme

- Goal - to make badminton one of the worlds most popular school sports.
- *Shuttle Time* – designed to help teachers.
- In 2010, only 54 of the 174 BWF Members said they have badminton teaching materials for schools.
- *Shuttle Time* implementation – 2012 – 2016.
- To implement *Shuttle Time* - BWF is working closely with Badminton Asia, Badminton Europe, Badminton Pan America, Badminton Oceania and Badminton Africa.



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Why Badminton



- ***Olympic Sport*** – global sport practised at all levels.
- ***Accessibility*** – a sport for all ages and abilities – a sport for life.
- ***Social*** – boys / girls / men /women playing and competing together.
- ***Health*** – supports a healthy lifestyle.
- ***Established programmes*** – pathways from schools to Olympic podiums.

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***Shuttle Time* – Material / Elements**

- Teachers' Manual – 'how to' guide.
- 22 Lesson plans for teachers, including 10 'Starter Lessons' (badminton basics).
- More than 100 video clips – demonstrating the learning activities.
- Schools Badminton Kit – 24 rackets, 3 dozen plastic shuttles, 2 nets, 20 metre long elastic cord (net across the hall), roll of string, simple stringing device.
- Supplementary material – BWF website.



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The Teachers' Manual & 22 Lesson plans help teachers to:

- understand badminton better;
- plan badminton lessons;
- deliver safe and fun badminton lessons;
- provide a positive image and experience of badminton.



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Badminton - an Ideal School Sport

- Both boys and girls can play it – social benefits.
- A safe, low impact sport for school children.
- Builds fundamental sporting skills.
- Meets school PE programme objectives.
- Para-badminton - people with a disability can play badminton.
- Resource friendly – inexpensive equipment.
- Practised indoor or outdoor.



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Badminton Develops Sporting Skills

- meets schools PE curriculum objectives

- 'Eye – hand' coordination skills.
- Catching and throwing skills.
- Stability and balance.
- Speed (builds aerobic capacity) and agility.
- Jumping and landing skills.
- Tactical awareness / decision making.



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Key Partners

BWF

Responsible for providing the teaching / training resources, supplementary support material and providing seed funding for pilot projects for national / regional implementation of *Shuttle Time*.

Continental Confederations

Badminton Asia, Badminton Europe, Badminton Pan Am, Badminton Africa and Badminton Oceania will implement *Shuttle Time* projects from 2012 to 2016. A long term sustainable approach to schools badminton.

National Badminton Associations

Government support from the Sports Ministry or Education Ministry is central to the success of the programme, National Badminton Associations must have this support to qualify for incentives from the BWF and implementation support from the Continental Confederations.

Government

National and regional government endorsement for the programme is important. Endorsement should ensure badminton becomes part of the school PE curriculum.

Universities

Accredited courses – the goal is to have badminton as an official sport on the curriculum for PE teacher training courses at universities / teachers colleges. This will support the sustainability of the programme.

Equipment Suppliers

Partnerships with equipment manufacturers and suppliers are critical to meet the current and potential equipment needs for *Shuttle Time*.

Key Players

Coordinators

The key “driver” for Schools Badminton in each country. Coordinates the implementation of *Shuttle Time* nationally. Main contact person nationally for the Schools Badminton Programme.

Shuttle Time Trainers

Responsible for training the Schools Badminton Tutors. *Trainers* 1) are very familiar with all aspects of the BWF Schools Badminton Resources, 2) are educators or badminton coaches, 3) may have an education / school background and 4) have knowledge and experience of adult learning / training.

Tutors

Tutors deliver the 8 hour Teacher Training Course. Tutors are most likely badminton coaches or PE teachers with badminton experience, ideally with a schools / teaching or badminton background. Familiar with the resources and teaching situations - badminton in schools.

School Teachers

PE teachers / sports teachers who are responsible for taking PE classes or sports classes with children. They may not have previous badminton experience.

Children

5 – 15 year old school children. The badminton exercises and activities in *Shuttle Time* can cater for children from 5 -15 years of age. *Shuttle Time* provides an introduction to *badminton for life*.

Contact

- Ian Wright – Development Manager
- shuttletime@bwfbadminton.org



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